

# VOLUNTEERING - WAYS YOU CAN HELP

NAME: \_\_\_\_\_

CHILD: \_\_\_\_\_

Head Start of Lane County is a family program. Parent Volunteers make the program work. Here are the types of jobs we need your help with:

Check if  
interested

## CLASSROOM ACTIVITIES

- Assist teachers in the classroom.
- Set up lunch or snacks.
- Eat lunch with the kids.
- Clean tables.
- Make learning activities for kids (may be done at home, if desired).
- Help on field trips.
- Provide child care for meetings or for parents who are volunteering for the program.
- Sew doll cloths, dress-up clothes.
- Arrange a bulletin board.
- Help with toothbrushing.
- Prepare food.
- Repair toys, books, or equipment.
- Work on garden project.
- Read to children.
- Share a talent or special activity with kids.

Activity: \_\_\_\_\_

## PARENT ACTIVITIES

- Policy Council Representative.
- Policy Council Alternate Representative.
- HIM activities (Head Start Involvement for Men).
- Assist in running parent meeting (facilitator, greeter, note-taker, etc.)
- Fundraising Committee.
- Work on Fundraising projects.
- Help with set-up for meetings or social activities.
- Monthly center newsletter (typing, lay-out, etc.).
- Teach basic computer skills to other parents.
- Volunteer at the Central Office.
- Carpool with other parents.
- Calling parents to share information on Head Start activities.
- Share a special talent or hobby.

Talent or Hobby \_\_\_\_\_

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I have a current Food Handler's Card.

Expiration Date: \_\_\_\_\_