

PARENT EDUCATION AND INFORMATION SURVEY

ID # _____

Name: _____ Site: _____ Date: _____

Please let us know about topics you would be interested in learning more about. Your choices will be noted to plan topics for our parent meetings. Your staff at Head Start will also give you information relevant to these topics through out the school year.

■ ADULT EDUCATION:

- | | |
|--|---|
| <input type="checkbox"/> adult literacy resources | <input type="checkbox"/> financial aid for continued education |
| <input type="checkbox"/> career planning | <input type="checkbox"/> GED prep |
| ■ Communication skills | ■ Learning basic computer skills |
| <input type="checkbox"/> communication with community agencies | <input type="checkbox"/> English <input type="checkbox"/> Spanish |
| <input type="checkbox"/> communication with teens | <input type="checkbox"/> time management |
| <input type="checkbox"/> conflict resolution resources | <input type="checkbox"/> ways to be involved in your community |

■ ASSISTANCE TO FAMILIES OF INCARCERATED INDIVIDUALS:

- | | |
|---|---|
| <input type="checkbox"/> how the system works for family visitation | <input type="checkbox"/> links to books for children about prison |
| <input type="checkbox"/> how to talk to your child about prison | <input type="checkbox"/> support groups for families |

■ CHILD ABUSE AND NEGLECT SERVICES:

- | | |
|---|--|
| <input type="checkbox"/> children and sexuality | <input type="checkbox"/> victim's assistance |
| <input type="checkbox"/> definitions of neglect and abuse | <input type="checkbox"/> what to do if you suspect abuse |
| <input type="checkbox"/> sexual abuse prevention | |

■ CHILD SUPPORT ASSISTANCE:

- | | |
|--|--|
| <input type="checkbox"/> how support is calculated | <input type="checkbox"/> Oregon Family Law Booklet |
| <input type="checkbox"/> Oregon calculator | |

■ DOMESTIC VIOLENCE SERVICES:

- | | |
|--|---|
| <input type="checkbox"/> definitions of domestic violence | <input type="checkbox"/> legal assistance |
| <input type="checkbox"/> how to support others in domestic violence situations | <input type="checkbox"/> local agencies |

■ DUAL LANGUAGE LEARNERS (DLL) TRAINING:

- | | |
|---|--|
| <input type="checkbox"/> home language literacy | <input type="checkbox"/> maintaining home language |
|---|--|

■ EMERGENCY ASSISTANCE OR BASIC NEEDS

- | | |
|---|---|
| <input type="checkbox"/> clothing resources | <input type="checkbox"/> food assistance/resources |
| <input type="checkbox"/> emergency housing | <input type="checkbox"/> utility assistance/resources |

■ HEALTH EDUCATION:

- | | |
|---|---|
| <input type="checkbox"/> car seat safety and installation | ■ Nutrition (<i>continued</i>) |
| <input type="checkbox"/> childhood diseases and illnesses | <input type="checkbox"/> "picky eating" in children |
| <input type="checkbox"/> dealing with head lice | <input type="checkbox"/> recognizing and changing eating habits |
| <input type="checkbox"/> dental and oral health | ■ Pregnancy |
| <input type="checkbox"/> family fitness ideas | <input type="checkbox"/> pregnancy counseling |
| <input type="checkbox"/> family planning | <input type="checkbox"/> pre-natal exposure (to drugs, alcohol, or tobacco) |
| <input type="checkbox"/> First Aid/CPR training | <input type="checkbox"/> pre-natal health care |

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■ HEALTH EDUCATION: *(continued)*

- Nutrition
 - breast feeding support
 - healthy meal planning
- quit smoking
- safety risks and prevention (top risks for 0-5 year olds)
- what to do when your child gets sick

■ HOUSING ASSISTANCE

- foreclosure prevention resources
- home ownership
- subsidized housing programs

■ JOB TRAINING

- cover letter and resume assistance
- employment services

■ MARRIAGE EDUCATION SERVICES

- marriage counseling resources

■ MENTAL WELLNESS

- anger management
- counseling services
- emergency/crisis intervention
- gambling issues
- promoting healthy relationships
- promoting positive mental health (in children)
- stress management and relaxation techniques

■ PARENTING EDUCATION:

- adoption
- affordable recreation activities
- child care resources
- child development (ages and stages)
- children and sexuality
- establishing rules and routines
- getting dads or father figures involved
- learning activities to do at home
- parent support groups
- parenting classes
- positive behavior support (pbis)
- promoting positive mental health (in children)
- setting limits and teaching your child to cooperate
- single parenting
- step-parenting and blended families
- support for foster parents
- using natural and logical consequences

■ SUBSTANCE ABUSE PREVENTION OR TREATMENT:

- definitions of prevention and abuse
- local treatment resources

■ TRANSPORTATION ASSISTANCE

- assistance with getting your child to school
- information about auto insurance coverage
- public transportation
- transportation assistance to medical appointments

■ NOTES: