

**September EHS Extended Day 2019 Children 1 to 3 years
Fairfield, LCC**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
		WG General Mills Cheerios, Peaches, 1% Milk Hamburgers on WW Bun, Baked Sweet Potato Fries, Diced Kiwi, 1% Milk Applesauce, Cheese, Ritz Crackers, Water	Egg Patty, WW English Muffin, Mandarin Oranges, 1% Milk Mashed Bean & Cheese Burrito on WW Tortilla, Chopped Spinach Salad, Diced Small Mango, 1% Milk Diced Veggie Sticks, Yogurt Ranch Dip, Diced Honeydew, Water	WG Pancake, Diced Strawberries, 1% Milk Chicken Salad, Diced Cooked Carrots, Applesauce, WW Roll, 1% Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Kix Cereal, Water
9	10	11	12	13
WG Oatmeal, Blueberries, 1% Milk Macaroni & Cheese, WW Roll, Diced Mango, Chopped Spinach Salad, 1% Milk Diced Veggie Sticks, Mashed Beans, Ritz Crackers, Water	WG General Mills Kix Cereal, Mandarin Oranges, 1% Milk Chicken & Cheese Burrito on WW Tortilla, Steamed Broccoli, Diced Nectarines, 1% Milk Diced Tomato, Sliced Cheese, WG Bread, Water	Yami Lowfat Vanilla Yogurt, Banana, 1% Milk Turkey Sandwich on WW Bread, Diced Watermelon, Chopped Romaine Salad, 1% Milk Quesadilla on WG Tortilla, Mandarin Orange, Water	WW Mini Bagel, Cream Cheese, Pineapple Tidbits, 1% Milk Salmon w Lemon, WG Brown Rice, Diced Kiwi, Cooked Diced Carrots, 1% Milk Cottage Cheese, Fresh Diced Pears, Ritz Crackers, Water	WG General Mills Rice Chex, Mandarin Oranges, 1% Milk Minestrone Soup, Shredded Cheese, WW Roll, Diced Cantaloupe, 1% Milk Graham Crackers, Banana, 1% Milk
16	17	18	19	20
WG General Mills Kix Cereal, Mandarin Oranges, 1% Milk Fish Patty on WW Bun, Carrot Sticks, Applesauce, 1% Milk Mashed Bean, Diced Cucumber, Ritz Crackers, Water	Oatmeal, Diced Strawberries, 1% Milk Veggie Lasagna, WG Bread, Diced Peaches, Chopped Romaine Salad, 1% Milk WG General Mills Rice Chex, Bananas, 1% Milk	Egg Patty, WW English Muffin, Pears, 1% Milk Baked Chicken, Diced Asparagus, Diced Cantaloupe, WW Roll, 1% Milk Diced Veggies Sticks, Cheese, WG Bread, Water	WG General Mills Cheerios, Banana, 1% Milk Vegetarian Taco Soup, Cornbread, Peas, Pineapple Tidbits, 1% Milk Hard Boiled Egg, Diced Kiwi, Ritz Crackers, Water	Closed: Planning Day
23	24	25	26	27
WG General Mills Rice Chex, Blueberries, 1% Milk Chicken Patty on WW Bun, Diced Tomatoes, Mandarin Oranges, 1% Milk Diced Veggies Sticks & Dip, Ritz Crackers, Water	WW Mini Bagel, Cream Cheese, Banana, 1% Milk WG Spaghetti & Meatballs, Diced Zucchini, Strawberries, WG Bread, 1% Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Cheerios, Water	WG Oatmeal, Mandarin Oranges, 1% Milk WG Brown Rice with Beans, Shredded Cheese, Red Pepper Strips, Diced Cantaloupe, 1% Milk Graham Crackers, Pears, 1% Milk	WG Waffle, Diced Strawberries, 1% Milk Tuna Sandwich on WW Bread, Broccoli, Diced Mango, 1% Milk Quesadilla on WG Tortilla, Diced Veggie Sticks, Water	Yami Lowfat Vanilla Yogurt, Pineapple Tidbits, 1% Milk Breaded Chicken, WW Roll, Chopped Romaine Salad, Applesauce, 1% Milk Ritz Crackers, Sliced Cheese, Diced Tomatoes
30				
WG General Mills Cheerios, Peaches, 1% Milk Hamburgers on WW Bun, Baked Sweet Potato Fries, Diced Kiwi, 1% Milk Applesauce, Cheese, Ritz Crackers, Water				

This institution is an equal opportunity provider.

Whole milk served to children under 2 yrs. All milk served is whole unflavored for ages 12-23 months, 1% unflavored for ages 2-5 years.