September Full & Extended Day 2019-2020 Children 3 to 5 years
Howard, Ross, Village
B St Ext, Charlemange, JC, El Camino, Danebo, Main St Ext, Edgewood, Whiteaker 14, Harrison

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
		WG General Mills Cheerios, Peaches, 1 % Milk Hamburgers on WW Bun, Baked Sweet Potato Fries, Sliced Kiwi, 1 % Milk Sliced Apple & Cheese, WG Wheat Thins, Water	Egg Patty, WW English Muffin, Mandarin Oranges, 1 % Milk Mashed Bean & Cheese Burrito on WW Tortilla, Spinach Salad, Diced Mango, 1 % Milk Veggie Sticks, Yogurt Ranch Dip, Diced Honeydew, Water	WG Pancake, Strawberries, 1 % Milk Chicken Salad, Carrot, Sliced Apple, WW Roll, 1 % Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Kix Cereal, Water
9	10	11	12	13
WG Oatmeal, Blueberries, 1 % Milk Macaroni & Cheese, WW Roll, Diced Mango, Spinach Salad, 1 % Milk Veggie Sticks, Mashed Beans, WG Tortilla Chips, Water	WG General Mills Kix Cereal, Mandarin Oranges, 1 % Milk Chicken & Cheese Burrito on WW Tortilla, Steamed Broccoli, Nectarines, 1 % Milk Sliced Tomato & Cheese, WG Bread, Water	Yami Lowfat Vanilla Yogurt, Banana,, 1 % Milk Turkey Sandwich on WW Bread, Diced Watermelon, Romaine Salad, 1 % Milk Quesadilla on WG Tortilla, Orange Slices, Water	WW Mini Bagel, Cream Cheese, Pineapple Tidbits, 1 % Milk Salmon w Lemon, WG Brown Rice, Kiwi, Carrots, 1 % Milk Cottage Cheese, Fresh Pears, WG Wheat Thins, Water	WG General Mills Rice Chex, Orange Slices, 1 % Milk Minestrone Soup, Shredded Cheese, WW Roll, Diced Cantaloupe, 1 % Milk Graham Crackers, Banana, 1% Milk
16	17	18	19	20
WG General Mills Kix Cereal, Mandarin Oranges, 1 % Milk Fish Patty on WW Bun, Carrot Sticks, Sliced Apple, 1 % Milk Mashed Bean, Cucumber, Ritz Crackers, Water	Oatmeal, Strawberries, 1 % Milk Veggie Lasagna, WG Bread, Peaches, Romaine Salad, 1% Milk WG General Mills Rice Chex, Bananas, 1% Milk	Egg Patty, WW English Muffin, Pears, 1% Milk Baked Chicken, Asparagus, Diced Cantaloupe, WW Roll, 1 % Milk Veggies Sticks, Cheese, WG Bread, Water	WG General Mills Cheerios, Banana 1 % Milk Vegetarian Taco Soup, WG Tortilla Chips, Celery, Pineapple Tidbits, 1 % Milk Hard Boiled Egg, Kiwi, WG Wheat Thins, Water	Closed: Planning Day
23	24	25	26	27
WG General Mills Rice Chex, Blueberries, 1 % Milk Chicken Patty on WW Bun, Tomato Slices, Oranges, 1 % Milk Veggies Sticks & Dip, WG Wheat Thins, Water	WW Mini Bagel, Cream Cheese, Banana, 1 % Milk WG Spaghetti & Meatballs, Zucchini, Strawberries, WG Bread, 1 % Milk Yami Lowfat Vanilla Yogurt, Berries, WG General Mills Cheerios, Water	WG Oatmeal, Mandarin Oranges, 1 % Milk WG Brown Rice with Beans, Shredded Cheese, Red Pepper Strips, Diced Cantaloupe, 1 % Milk Graham Crackers, Pears, 1% Milk	WG Waffle, Strawberries, 1 % Milk Tuna Sandwich on WW Bread, Broccoli, Diced Mango, 1% Milk Quesadilla on WG Tortilla, Veggie Sticks, Water	Yami Lowfat Vanilla Yogurt, Pineapple Tidbits, 1 % Milk Breaded Chicken, WW Roll, Romaine Salad, Sliced Apple, 1 % Milk Ritz Crackers, Sliced Cheese, Tomato Slices
30				
WG General Mills Cheerios, Peaches, 1 % Milk Hamburgers on WW Bun, Baked Sweet Potato Fries, Sliced Kiwi, 1 % Milk Sliced Apple & Cheese, WG Wheat Thins, Water				

This institution is an equal opportunity provider. All milk served is 1% unflavored milk.