

## **Head Start of Lane County and Early Head Start**

### **Step by Step Instructions for Proper Diapering on Changing Table.**

<If child is being potty trained- please refer instead to procedure for diapering in the bathroom>

Assure that all needed supplies are located in the diaper changing area:

Baby wipes

At least two pairs of Non-Latex Gloves

Bloodborne Pathogen approved Disinfectant (Alpha HP)

Diaper Changing Pad

Diaper Rash ointment

Diaper Genie Disposal System

When applying diaper rash ointment be sure not to touch the top of the tube. We should not use tub style ointments.

If Diaper is soiled with feces or any leakage has occurred through the diaper-- be sure to use a leakproof disposable diaper changing pad on the changing table. If diaper only has urine in it which is contained in the diaper-- you do have the option of using diaper changing paper from the roll.

Wash hands and put on non-latex gloves.

\*Be prepared to change your gloves at any time they become soiled.

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If child's clothes are soiled with leakage- please request help from another staff person- so that it is easier to maintain proper infection control procedures while cleaning the soiled clothes- and any area of the classroom that may have been contaminated with stool or urine. For employee protection from pathogens- employees must always wear non-latex gloves when handling soiled clothing. If there is not adequate staffing available to assure proper infection control procedures please contact your Regional Manager for support to assure adequate staffing for infection control procedures.

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When preparing to move the child onto the diaper changing table be sure to use proper/safe transferring and lifting procedures to avoid dropping the child or injuring your back. If the child weighs more than 50 pounds another adult should assist in the transfer of the child to the changing table.

### **Special Information for Diaper Changes of girls and boys.**

Baby girls have a different anatomy than baby boys. For this reason, girls are more prone to urinary tract infection than boys. Girls also require more frequent cleaning than boys to prevent Urinary Tract Infections.

Wiping the baby girl's bottom and perineal area is especially important and greater care must be taken with a girl than with a boy. It is best to always wipe away from the vaginal area and towards the anus. This is because the E. coli bacteria in feces that causes infection is more likely to grow in the baby girl's urinary tract than it does the boys. It is important that all of the fecal matter is removed from the baby (either boy or girl) because it can cause infection and irritation.

Disposing of the Diaper:

Place soiled diaper into the diaper genie- after doing your best to seal the diaper with it's own tapes.

Be sure that there are no exposed tape (sticky side) because that can cause the Diaper Genie bag to tear.

If you are unfamiliar with the Diaper Genie Elite System-- please view these two videos.

Video for Diaper Genie Elite from the company

<https://www.youtube.com/watch?v=MJxIVlgqZ30>

Video showing how to empty Diaper Genie and Change the Bag.

<Unlike in this video-- please wear gloves whenever changing the bag!>

<https://www.youtube.com/watch?v=kWXPYdIAjkk>

**Special Instructions for Cloth Diapers or Soiled Clothing:**

Cloth diapers and or clothing must be double bagged. The first plastic bag (that contains the soiled diapers and/or clothes) must be tied with a knot- and then placed in a second plastic bag that should also be tied with a knot. Bag must be clearly labeled with a tag that states “Soiled Clothing” and then must be stored for parent away from food service areas and out of reach from children.

**Disinfection of Diaper Changing area after soiled diaper change:**

With clean gloves, paper towels and BBP disinfectant (Alpha HP)- thoroughly clean the area to assure that there is no visible feces. After area has been thoroughly cleaned- the area should then be disinfected by spraying BBP disinfectant on all hard (non-porous) surfaces and allowing the Disinfectant to stay wet for a full 10 minute time period before it is wiped dry. (Allowing to air dry is the most effective way to disinfect) After gloves are removed, be sure to wash hands thoroughly by scrubbing with soap for at least 20 seconds.

Special Tip:

Monitor yourself carefully to assure that you do not contaminate the handle of the BBP Disinfectant spray bottle, the diaper cream tube, or the box of baby wipes with dirty gloves. If you are not sure-- ask a co-worker to watch you and see if they notice any possibility of contamination.

We ask that all employees provide each other feedback in a respectful manner when they observe